# GOALIE CAMP 2015

### TUNE-UP FOR TRYOUTS AND PLAY LIKE A PRO!

Join NHL goalie coach Jeff Salajko and his experienced staff for this fun and challenging 9 session goalie camp.

March 27 - May 17 at Dublin (see schedule on back) Group 1 (00-06) Beginner/House/Select - \$285 Group 2 (00-05) Travel/AAA/AA/A Pre-Tryout Camp - \$350

#### Camp will focus on:

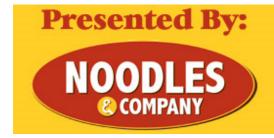
- ★GOALIE SPECIFIC SKATING AND FOOTWORK DRILLS (lateral movement shuffles and t-pushes, transitions, quickness, agility, and explosiveness)
- ★SAVE SELECTIONS (Butterfly, glove/blocker, blocking/reacting situations, post-load, body saves, disciplined stick, rebound control)
- ★SLIDING TECHNIQUES (Butterfly slides, lateral adjusts, knee shuffles, post "sealing" and leans)
- ★PUCKHANDLING (Stopping and setting dump-ins, stickhandling, and passing)
- ★MENTAL SKILLS (Positioning, angles, depth management, reading plays)
- ★GAME SITUATIONS (Wraparounds, pass-outs, jam plays, screen/traffic situations, breakaways, backdoor plays, deflections, walk outs)

Each session to consist of a mix of goalie power skating, game situation goalie drills, and battle drills and competitions.



#### **About Coach Jeff:**

- ★ Detroit Red Wings NHL Assistant Goalie Coach and Development Coach (2013-present)
- ★ Ohio State University Varsity Goalie Coach (2008-10 & 2012-13)
- ★ Ohio AAA Bluejackets Goalie Coach (2005-present)
- ★ NHL Draft Pick San Jose Sharks (1993)
- ★8 Year Professional Playing Career (1995-2003)



For more information contact Rob Schriner 614-791-9999 x125 or rschriner@thechiller.com.

#### **GOALIE CAMP 2015**

Return completed registration with payment to Chiller Ice Rinks, 7001 Dublin Park Drive Dublin OH 43016, Attn: Rob Schriner. Please make checks payable to The Chiller.

PARTICIPANT NAME:	PARENT NAME:				
ADDRESS:	PHONE:				
CITY:	ZIP:				
EMAIL:		BIR	ГНDАТЕ:		
Choose One: □ \$285 Group 1 □ \$350 Group 2 _	Cash	_Check _	Visa	_MC _	Disc
CREDIT CARD #:	_ EXP:		SEC CODE:_		D

# **GOALIE CAMP 2015**

#### All sessions at OhioHealth Chiller Dublin

## **Group 1 (00-06) Beginner/House/Select**

Date	Day	Start	End
3/27/2015	Friday	6:20 PM	7:20 PM
3/29/2015	Sunday	11:30 AM	12:30 PM
4/3/2015	Friday	6:20 PM	7:20 PM
4/10/2015	Friday	6:20 PM	7:20 PM
4/19/2015	Sunday	11:30 AM	12:30 PM
4/26/2015	Sunday	11:30 AM	12:30 PM
5/3/2015	Sunday	11:30 AM	12:30 PM
5/10/2015	Sunday	11:30 AM	12:30 PM
5/17/2015	Sunday	11:30 AM	12:30 PM

#### Group 2 (00-05) Travel/AAA/AA/A Pre-Tryout Camp

Date	Day	Start	End
3/27/2015	Friday	7:30 PM	8:50 PM
3/29/2015	Sunday	10:00 AM	11:20 AM
4/3/2015	Friday	7:30 PM	8:50 PM
4/10/2015	Friday	7:30 PM	8:50 PM
4/19/2015	Sunday	10:00 AM	11:20 AM
4/26/2015	Sunday	10:00 AM	11:20 AM
5/3/2015	Sunday	10:00 AM	11:20 AM
5/10/2015	Sunday	10:00 AM	11:20 AM
5/17/2015	Sunday	10:00 AM	11:20 AM