

HOUSE HOCKEY SKILLS

LEAD INSTRUCTORS

JOHN MARKELL - FORMER OHIO STATE COACH
DARCY CAHILL - HEAD COACH DUBLIN COFFMAN

DUBLIN	EASTON	NORTH
APRIL 7 - MAY 26	APRIL 6 - JUNE 1*	APRIL 8 - MAY 27
COST: \$240	COST: \$240	COST: \$240
MINI-MITE/MITE TUESDAYS 6:30-7:20PM	MINI-MITE/MITE MONDAYS 6:30-7:20PM*	MINI-MITE/MITE WEDNESDAYS 6:30-7:20PM
SQUIRT/PEEWEE TUESDAYS 7:30-8:20PM	SQUIRT/PEEWEE MONDAYS 7:30-8:20PM*	SQUIRT/PEEWEE WEDNESDAYS 7:30-8:20PM
<i>*NO CLASS MONDAY MAY 25 IN OBSERVANCE OF MEMORIAL DAY</i>		

- WEEK 1-2:** INSIDE/OUTSIDE EDGES, TIGHT TURNS, CROSSOVERS, STOPS AND STARTS
WEEK 3: BACKWARD SKATING/CROSSOVERS, TRANSITIONS FORWARD TO BACKWARD
WEEK 4-5: ACCURACY IN PASSING, STICK-HANDLING DURING HIGH SPEED SKATING
WEEK 6: CROSS-ICE GAME
WEEK 7: SHOOTING - ACCURACY OF WRIST
SHOT, BACKHAND, SNAPSHOT
WEEK 8: CROSS-ICE GAME



Presented By:

**NOODLES
& COMPANY**

WITHOUT EXCEPTION, ALL PLAYERS MUST SIGN UP AT THE LEVEL PLAYED DURING THE 2014-2015 HOCKEY SEASON.

Includes 1 Specialized Hockey Skills session

Valid April 6 - Aug 1, 2015. Book through James Nash - jnash@thechiller.com

Register online at <http://theChiller.com/hhs>