# **PRE-HOLIDAY GOALIE CAMP**



#### **About Coach Dave Caruso:**

- ★ Goalie Development Coach, New Jersey Devils (2012 - 2014)
- ★ 6-season professional career (2006-2012) ☆ 52 AHL games
- ☆ 186 ECHL games
- $\bigstar$  4 seasons at the Ohio State University (2002-2006) ☆ 11 shutouts and a 2.07 goals-against average ☆ Helped lead team to 3 NCAA Tournament berths and the 2004 CCHA Mason Cup

Ages: 10-16

**Cost:** \$170

**Location:** OhioHealth Chiller Dublin

4 Hours On-Ice; 3 Hours Off-Ice 12/21/14: 7:00-8:00pm On-Ice 12/22/14: 8:15-9:45am On-Ice 9:45-11:15 Off-Ice 12/23/14: 8:15-9:45am On-Ice 9:45-11:15 Off-Ice

Off-Ice Training will include video review of each goaltender, game situational video from NHL Goalies and dryland conditioning exercises.

Bring athletic shoes, shirt, and athletic shorts/pants for off-ice training.



### **Camp Focus Will Include:**

- ★ Goalie Specific Movement (when and how to use t-pushes, shuffles, butterfly slides, c-cuts, lateral adjustments)
- ★ Proper Positioning and Depth Awareness (angles, square to puck, reading and reacting to game situations)
- ★ Proper Save Techniques and Execution (butterfly save, stick saves, body saves, glove and blocker saves)
- ★ Pro tips to help goalies STOP MORE PUCKS!

For more information contact Rob Schriner 614 -791-9999 x125 or rschriner@thechiller.com.

## **2014 PRE-HOLIDAY GOALIE CAMP REGISTRATION**

Please return completed registration with payment to 7001 Dublin Park Dr., Dublin OH 43016 Attn: Rob Schriner. Please make checks payable to The Chiller.

PARTICIPANT NAME:	PARENT NAME:
ADDRESS:	PHONE:
CITY:	ZIP:
EMAIL:	BIRTHDATE:
<b>\$170</b> Check Visa	MC Disc
CREDIT CARD #:	EXP: SEC CODE:
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#### www.theChiller.com