

2017 Summer Enrichment Series

May 30– August 11

This series of on-ice classes for figure skaters is designed to improve the skater's experience by providing well-rounded training in addition to regular practice and lessons.

DAY	CLASS	LOCATION*	TIME
MONDAYS	STROKING & ENDURANCE	See schedule	10:45-11:15A.M.
TUESDAYS	URNS & EDGES	See schedule	1:00-1:30P.M.
WEDNESDAYS	STROKING & ENDURANCE	See schedule	10:45– 11:15A.M.
	★ New Class ★ TURNS, EDGES & MORE!		7:30-8:00P.M.
THURSDAYS	URNS & EDGES	See schedule	1:00-1:30 P.M.
FRIDAYS	PROGRAM PRACTICE	See schedule	10:15-11:15A.M.

*Schedule follows freestyle location



Register online at www.thechiller.com - click on Figure Skating > Freestyle Schedule

For more information contact:

dhughes@thechiller.com

Flexible Pricing Options

Enroll by May 29, 2017 to receive a discounted rate

Choose the classes you want and pre-pay for the entire summer to guarantee your spot.
First come, first served. Space is limited !

-OR-

Walk-on

Students must show receipt to instructor to join class.

Fees include ice time and instruction.

Class Descriptions

Turns & Edges

Tuesdays & Thursdays 1:00-1:30 p.m. (follows freestyle location schedule)

Wednesday evenings 7:30-8:00p.m. at Chiller North

Twizzles, 3-turns, counters, rockers, brackets, loops and more! Improve control, edges, power, extension and quickness. Spins and an artistry will be incorporated into the curriculum.

This class is designed for skaters Basic 4 through Senior.

Groups will be sorted by moves level. Groups may be combined depending on enrollment.

Novice through Senior

Juvenile through Intermediate

Pre Pre through PreJuv

No Test

\$13 by May 29th/\$15 May 31 & walk-in

Stroking & Endurance

Mondays & Wednesdays 10:45-11:15a.m. (follows freestyle location schedule)

Open to competitive freestyle level skaters & above —Enhance skating speed, endurance & power through drills and high-energy stroking patterns. This is a fast paced class!

\$13 by May 29th/\$15 May 31 & walk-in

Groups may be split depending on enrollment and level.

Program Practice

Fridays 10:15-11:15 a.m. (follows freestyle location schedule)

Perfect practice for competitive skaters

Skaters perform their program alone on the ice in a “no pressure” situation.

Limited to 13 skaters (*wait list skaters may be added depending on time*)

Skaters competing that week will be given priority

Each skater is guaranteed at least one run through

Coaching optional—if your coach wants to critique, that is allowed,

However, coaches will not critique each other's students

***Fridays \$11 by May 29th/\$15 June 2nd & walk-in**

****Please check daily schedule for exception dates/location changes.***

Private lessons will not be permitted during Enrichment Class time

Groups will be determined daily by level and age

No refunds.

If you need to reschedule a class it must be requested at least 24 hours prior to the class.

Register online at www/thechiller.com >Figure Skating>Freestyle Schedule

Summer Freestyle 2017 General Schedule

**Please see daily rink schedule for locations and exceptions!*

Mondays & Wednesdays

6:00-8:00	GENERAL
8:00-9:00	HIGH
9:00	Ice Make
9:15-10:00	GENERAL
10:00-10:45	LOW/MED
10:45-11:15	ENRICHMENT --Stroking & Endurance class
1:00-2:00	HIGH
2:00-3:00	GENERAL
3:00	Ice Make/Maintenance
3:30- 5:45	GENERAL

Hockey **basic skills skating lessons permitted before 7a.m. and after 3:15p.m.

Tuesdays & Thursdays

6:00-8:00	GENERAL
8:00-9:00	HIGH
9:00	Ice Make
9:15-10:15	GENERAL
10:15-11:15	LOW/MED
1:00-1:30	ENRICHMENT –Turns &Edges class
1:30-2:30	HIGH
2:30-3:00	LOW /MED
3:00	Ice Make/Maintenance
3:30 - 5:45	GENERAL

Hockey **basic skills skating lessons permitted before 7a.m. and after 3:15p.m.

Fridays

6:00-8:00	GENERAL
8:00-9:00	HIGH
9:00	Ice Make
9:15-10:15	LOW/ MED
10:15-11:15	ENRICHMENT -Program Practice
1:00-2:00	HIGH
2:00- 3:00	GENERAL
3:00	Ice Make/Maintenance
3:30-5:45	GENERAL

Hockey **basic skills skating lessons permitted before 7a.m. and after 3:15p.m.

Notes:

High – Skaters who are competing Intermediate – Senior (any skater who qualified for high last year is grandfathered in.)

Low/Med – Skaters competing in FS 1 – Juvenile (Basic skills lessons are allowed on this session.)

General – all levels (must be with a coach if under FS1)**

Skaters must have passed the level of session they are skating on unless otherwise approved by the director.

- A SKATER MAY BE REMOVED FROM A SESSION IF BEHAVIOR IS UNACCEPTABLE OR UNSAFE.
- Stay out of jump corners & circles on lobby end! Do not “linger” anywhere on the ice for extended periods.
- Show courtesy with music – take turns. Give the skater doing their program right of way. Wear the orange belt.
- Parents – please watch from the stands or lobby area – do not stand in ice doors.
- Respect ALL skaters, coaches, rink staff and patrons.
- Be welcoming & friendly to visiting skaters and coaches.

Any questions or concerns please contact Denise Hughes – Figure Skating Director dhughes@thechiller.com