



# **Practice and Performance Plan**

## **2014-2015**

*Schedule Begins September 7th*

<b><u>Intro Team</u></b>	<b>5:15-5:45 OFF ice</b>	<b>6:00-6:30 ON ice</b>	
<b><u>Intro To Competition Team</u></b>	<b>5:15-5:45 OFF ice</b>	<b>6:00-7:00 ON ice</b>	
<b><u>Competitive Team</u></b>	<b>5:15 -6:00 ON ice</b>	<b>6:10-6:50 OFF ice</b>	<b>7:00-7:45 ON ice</b>

*The season will begin with this schedule and may adjust as needed.*

### ***Performance & Competition Schedule\****

October 4<sup>th</sup> – Chiller Competition exhibition (Intro Teams)

November 23<sup>rd</sup> – Chiller Holiday Show (Possibly all teams)

November 29<sup>th</sup> – Springfield Winter festival exhibition (Intro Teams)

January 17-18<sup>th</sup> - Frasier (High Competitive team)

February 21<sup>st</sup> – Mentor (Intro to Competition and Competitive teams) arrive Friday night 2/20

Feb 28-March 1 – Newark competition (All)

March 14<sup>th</sup> – Chiller Basic Skills competition (All)

April 10-12<sup>th</sup> – Synchro Championships at Miami University (Intro to Competition and Competitive teams)

*\*Schedule is subject to additions/changes.  
We will give as much advance notice as possible!*

*Please notify your coach as soon as you know you will be missing practice or a performance.*

There will be no practice on the following dates:

11/23 – due to Holiday Show

1/18 – for competitive team (Frasier) – both Intro teams WILL have practice

2/22 – due to Mentor competition