

GOALIE CAMP 2016

TUNE-UP FOR TRYOUTS AND PLAY LIKE A PRO!

Join NHL goalie coach Jeff Salajko and his experienced staff for this fun and challenging 8 session goalie camp.

March 20 - May 8 all sessions at Chiller Dublin

Group 1 Beginner/House/Select (01-07) - Sundays 10-11am *Except 3/20 - 11am-12pm - \$245
Group 2 Travel/AAA/AA/A (01-06) - Sundays 11:10am-12:30pm *Except 3/20 - 12-1:20pm - \$280

Camp will focus on:

- ★GOALIE SPECIFIC SKATING AND FOOTWORK DRILLS (lateral movement shuffles and t-pushes, transitions, quickness, agility, and explosiveness)
- ★SAVE SELECTIONS (Butterfly, glove/blocker, blocking/reacting situations, post-load, body saves, disciplined stick, rebound control)
- ★SLIDING TECHNIQUES (Butterfly slides, lateral adjusts, knee shuffles, post "sealing" and leans)
- ★PUCKHANDLING (Stopping and setting dump-ins, stickhandling, and passing)
- ★MENTAL SKILLS (Positioning, angles, depth management, reading plays)
- ★GAME SITUATIONS (Wraparounds, pass-outs, jam plays, screen/traffic situations, breakaways, backdoor plays, deflections, walk outs)

Each session to consist of a mix of goalie power skating, game situation goalie drills, and battle drills and competitions.

About Coach Jeff:

- ★Detroit Red Wings NHL Assistant Goalie Coach and Development Coach (2013-present)
- ★Ohio State University Varsity Goalie Coach (2008-10 2012-13)
- ★Ohio AAA Bluejackets Goalie Coach (2005-present)
- ★NHL Draft Pick - San Jose Sharks (1993)
- ★8 Year Professional Playing Career (1995-2003)
- ★4 Year Junior A Career - Ontario Hockey League (1992-95)



Presented By:

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WWW.THECHILLER.COM/REGISTER**

For more information contact Rob Schriener (614) 791-9999 x125 or rschriener@thechiller.com