

CHILLER SPRING GOALIE CLINICS

Lead Instructor: Dave Caruso

All ages welcome!

Schedule (4-week sessions):

Tuesdays, March 19-April 9 and/or April 16-May 7

6:15-7:00pm Off-Ice; 7:00-8:00pm On-Ice

(see reverse side for detailed schedule)

OhioHealth Chiller NORTH (Lewis Center)

Price: \$160 per 4-week session

Camp will focus on:

- ★ Goalie Skating Movements (shuffles, t-pushes, c-cuts, edge work, balance, agility)
- ★ Fundamental Saves with Rebound Control (glove/blocker, stick usage, body and butterfly saves)
- ★ On Ice and Full Recovery/Movement (recovering to edges, butterfly slides, lateral adjustments and lateral release)
- ★ Positioning (angles, depth and being square)
- ★ Game Situations (save selections, behind the net plays, screen/traffic, deflections, breakaways and proper use of butterfly, RVH and VH saves)
- ★ Puckhandling (passing, distributing the puck)
- ★ Off Ice Training (proper warmup, eye/hand coordination, visualization and developing more athleticism)

About Coach Caruso

- ★ Goalie Development Coordinator, USA Hockey - Mid Am District (2016 - current)
- ★ Goaltender Mentor Coach, IIHF (International Ice Hockey Federation) (2017 - current)
- ★ Goalie Development Coach, New Jersey Devils (2012-2014)
- ★ 6-season professional career (2006-2012)
 - ★ 238 professional games played
- ★ 4 seasons at the Ohio State University (2002-2006)
 - ★ 11 shutouts and a 2.07 goals-against average
 - ★ Helped lead team to 3 NCAA Tournament berths, 4 straight 20-win seasons and the 2004 CCHA Mason Cup



REGISTER ONLINE AT WWW.THECHILLER.COM/REGISTER

For more information contact Rob Schriener (614) 791-9999 x125 or rschriener@thechiller.com.

CHILLER SPRING GOALIE CLINICS

Session 1	Off-Ice	On-Ice	Location
Tuesday 03/19/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 03/26/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 04/02/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 04/09/2019	6:15-7:00PM	7:00-8:00PM	North

Session 2	Off-Ice	On-Ice	Location
Tuesday 04/16/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 04/23/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 04/30/2019	6:15-7:00PM	7:00-8:00PM	North
Tuesday 05/07/2019	6:15-7:00PM	7:00-8:00PM	North