

Chiller Synchro 2025 Skills

Which Level is for Me?

House Teams

Aspire 1

- Sunday practice: Aug - Dec
- 1 competition: Nov
- 2 exhibitions: Dec

Aspire 2

- Sunday practice: Aug - Feb
- 2 competitions: Nov, Dec
- 2 exhibitions: Dec, Feb

Club Teams

Aspire 3/4

- Sunday practice: Jul - Feb
- 3 competitions: Oct, Dec, Feb
- 2 exhibitions: Dec, Feb

Open Juvenile

- Sunday practice: Jul - Feb
- 3 competitions: Oct, Dec, Feb
- 2 exhibitions: Dec, Feb

Unless otherwise noted, all skills listed are

- in both directions (forward/backward)
- on both edges (inside/outside)
- with both feet (left/right)

